Spiritual Meaning Scale 2006

1 I totally agree 2 I partially disagree 3 I’m in between 4 I partially agree 5 I totally agree

1. There is no particular reason why I exist.

2. We are each meant to make our own special contribution to the world.

3. I was meant to actualize my potentials.

4. Life is inherently meaningful.

5. I will never have a spiritual bond with anyone.

6. When I look deep within my heart, I see a life

I am compelled to pursue.

7. My life is meaningful.

8. In performing certain tasks, I can feel something higher or transcendent working through me.

9. Our flawed and often horrific behavior indicates that there is little or no meaning inherent in our existence.

10. I find meaning even in my mistakes and sins.

11. I see a special purpose for myself in this world.

12. There are certain activities, jobs, or services to which I feel called.

13. There is no reason or meaning underlying human existence.

14. Something purposeful is at the heart of this world.

15. We are all participating in something larger and greater than any of us.

Items 1, 5,9, 13 are reverse scored